

## **POTENTIALS OF LEAF MEAL AND THEIR PROTEIN CONCENTRATE IN AQUAFEED**

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The quest to sustain current aquaculture growth trend has necessitated the search for alternative feed ingredients in the light of conventional ones whose supply have dwindled and have become prohibitive. A major group of under-utilized, renewable, abundant and cheap unconventional source is leaf meal. They can be derived from the vast array of terrestrial and aquatic plants; most of which are nutrient-rich with little or no direct relevance in human nutrition. The nutritional composition of leaf meals usually varies widely; depending on plant cultivars from which they are derived, soil and climatic conditions, richness of medium in which they grow in case of aquatic plants, age and maturity of plants among other factors. Their limitation in fish nutrition is usually improperly balanced amino acid profile with methionine and lysine often limiting; nutritional-stress factors such as tannins, phytic acid, protease inhibitors among others; high fibre and palatability. The significance of these limitations is evident in impaired growth and reduced digestibility. Several efforts such as soaking, sundrying, fermentation, enzyme or amino acid supplementation have proven to be useful in improving the nutritional composition of leaf meals such that they are incorporated in aquafeed at higher inclusion levels relative to their raw state. Production of proteins from green leaves provide means of reducing antinutrients and high fibre contents associated with leaf meals while also providing a rational and sustainable strategy of sharing leaf resources among ruminants and non-ruminants. The technology of leaf protein extraction from green leaves may be increasingly relevant in future aquafeed if the drawbacks associated with its production are addressed. Further empirical information through intensified and co-ordinated research on the utilization of available leaf meals, either as protein or energy source, is needed to ensure feed security in aquaculture production.

### **INTRODUCTION**

Fish has become the major source of animal protein in human diet as evident in the progressive increase in its per capita consumption which rose from 9.9 kg in 1960s to its current level of above 20 kg per annum (FAO, 2016). In this regard, the importance of aquaculture in total fish supply to compensate for the dwindling wild fish stock that has been fully or over-exploited has been recognized (FAO, 2016). Aquaculture is growing more than every other animal food producing sector and its fish component reached 76.6 million tonnes in 2015 (FAO, 2017). This growth trend is expected to continue as the World Bank (2013) estimated that aquaculture will supply 93.2 million tonnes of fish by 2030. The growth in aquaculture production has been attributed to increased and improved feed inputs (Naylor *et*

*al.*, 2009) especially among farmers in China and other Asian countries (particularly Indonesia and India) who are the leading global producers (FAO, 2016). Projected increase in fish production will therefore mean production of more quality feed; more so since feed represents about 60% of the inputs in the farming of most fish species (Gabriel *et al.*, 2007; FAO, 2017). In other words, if suitable feed sources are not available in the right quantity, the projected growth of aquaculture will not be realized; a situation which will have dire consequences on the global supply of animal protein especially to the teeming poor. In 2015, global feed production for farmed fish and crustaceans was approximately 47.7 million tons, excluding commercial feed consumed by Indian major carp (FAO, 2017) and based on predicted aquaculture growth it is expected to reach 77.93 million tons by 2020 (Grand View Research, 2014 (<http://www.grandviewresearch.com/press-release/global-aquafeed-market>)).

The conventional protein ingredients such as fish meal and soybean on one hand; and energy sources such as maize and rice bran used in aquafeed industry are becoming prohibitive as a result of competition with other uses. Substantial research efforts expended on the reduction of fishmeal component of fish feed over the years have yielded great results both in carnivorous and herbivorous species (Hardy, 2010). Nonetheless, huge quantity of fishmeal is still being used in aquaculture sector as a result of its expansion; instigating the need for more research to replace fishmeal especially in the diets of fish fry and fingerlings (Tacon and Metian, 2008; Hardy, 2010). Similar context is also applicable in the use of soybean, maize and rice bran which are directly being used in human nutrition, livestock production and various industrial applications (Alegbeleye *et al.*, 2012; Al-Shorgani *et al.*, 2012) making demand for these commodities to outweigh supply for which reason they have become prohibitive. This scenario, necessitating the search for alternative feed ingredients, has been exacerbated by the factor of climate change. Hall (2015) reviewed the impacts of climate change on aquaculture and emphasized the need for alternative feed ingredients in the aquafeed industry in view of the consequences of climate change evident in increased temperature, altered rainfall patterns and drought among others; making irrigation problematic and impacting negatively on production of major crops like rice, maize, soybean, wheat etc which apart from being directly consumed by humans are also used (directly or indirectly) to a large extent in animal feed industry. Similarly, climate change has been identified as factor impacting on the abundance and distribution of fisheries from which fishmeal is derived leading to its uncertain supply. Accordingly, for aquaculture to sustain its current growth trend and attain its full potential in contributing to the supply of animal protein for the increasing global population there is an urgent need to develop less competitive but qualitative feed and feed ingredients, that will not compromise product quality, for the aquafeed industry.

## **MERITS OF LEAF MEALS AND THEIR SOURCES**

One possible source of alternative to conventional aquafeed ingredients is leaf meal because they are abundant, renewable and can be sustainably produced to keep pace with the

growth of aquaculture industry. Plants occupy the base of the food chain both in the terrestrial and aquatic ecosystem and can synthesize amino acids from virtually unlimited and readily available primary materials; for which reason they are cheap and abundant (Stahmann, 1968; Fasuyi and Aletor, 2005). Leaf meals are nutrient-rich albeit with highly varied crude protein content depending on plant species and cultivars from which they are derived, soil and climatic conditions, age and maturity of plants among other factors (Table 1) (Akeson and Stahmann, 1966; Bairagi *et al.*, 2002; Oresegun *et al.*, 2016). They have a good balance of minerals and are rich in vitamins (Ayssiwede *et al.*, 2011). Several studies have demonstrated their potentials as alternative feedstuff in fish feed (Osman *et al.*, 1996; Bairagi *et al.*, 2002; Adewolu and Adamson, 2011). Many leaf meals also have medicinal properties which have been shown to influence immune system positively (Priyadharshini *et al.*, 2011; Talpur and Ikhwanuddin, 2013; Fawole *et al.*, 2013). They can be sourced from vast varieties of terrestrial and aquatic plants (Table 1) which are sub-classified as tree leaves, crop by-products, leafy vegetables and aquatic weeds for the purpose of this review.

### Tree leaves

Ligneous plants, which may be trees, small trees, shrubs and under shrubs have been traditionally used as important component of fodder resources for livestock and wildlife; especially during the dry season when the available grazing is not generally sufficient to meet the maintenance requirements of animals (FAO, 1992; Habib *et al.*, 2016). A large percentage of tree leaves are legumes which have high forage yields with high crude protein content (12-30%, FAO, 1992; Habib *et al.*, 2016); they grow in poor soils and are drought-tolerant. In view of their nutritional composition and abundance at relatively reduced cost, their role in monogastric nutrition has been recognized. Information on the nutritional composition and feed utilization of *Moringa spp.*, *Gliricidia spp.*, *Leucaena leucocephala* among other tree leaves in monogastric nutrition are well documented. The results of these studies vary but indicated that reasonable levels of tree leaves can be utilized in fish, poultry and pig diets especially when factors limiting their utilization are addressed (Osman *et al.*, 1996; Richter *et al.*, 2003; Kambashi *et al.*, 2014). Perhaps the most researched tree leaves in fish feed are those of ipil-ipil leaf (*Leucaena leucocephala*) and *Moringa spp.* In a trial assessing growth performance and nutrient utilization, Richter *et al.* (2003) incorporated graded levels (10, 20 and 30%) of freeze-dried moringa (*Moringa oleifera*) leaf meal in Nile tilapia, *Oreochromis niloticus*, diet and observed a significantly reduced growth performance and nutrient utilization when the leaf meal was added beyond 10%. They attributed the inferior performance in the group fed higher percentages (20 and 30%) of moringa to poor feed intake at the initial stage of the experiment, high levels of saponins, total phenolics, phytic acid, neutral and acid detergent fibre. Similarly, a 10% inclusion level of moringa (*Moringa oleifera*) leaf meal was recommended in the diets for *Clarias gariepinus* when replacing fish meal (Ozovehe, 2013) and 20% when replacing soybean (Ncha *et al.*, 2015) without compromising growth. Olude and Badmus (2015) evaluated mixture of moringa leaf and kernel meals as partial replacement for fishmeal in the diet of *Clarias gariepinus* juveniles and concluded that up to 20% of the mixture could be used



**Table 1: Crude protein (%), Crude fibre (%), Crude fibre (%) and Antinutrients of some selected leaf meals**

| Leaf meal                     | Crude protein | Crude Fibre | Antinutrients  | Source   |
|-------------------------------|---------------|-------------|--|--|
| <i>Leucaena leucocephala</i>  | 20.4-27.3     | 6.2-12.1    | Mimosine, Tannin, Phytic acid                                | Bairagi <i>et al.</i> (2004); Reyes and Fermin (2003); Aye and Adegun (2013)                                     |
| <i>Moringa spp</i>            | 20.0 -26.6    | 6.8-8.8     | Phenolics, Tannins, Phytic acid, Saponins; Trypsin inhibitor | Richter <i>et al.</i> (2003); Reyes and Fermin (2003); Aye and Adegun (2013)                                     |
| <i>Gliricidia spp</i>         | 15.6-25.1     | 8.6-13.8    | Tannin, Phytic acid, Oxalate, Saponin                        | Amata and Bratte (2008); Aye and Adegun (2013)   |
| <i>Albizia spp</i>            | 18.1-22.2     | 19.8-26.8   | Phytate, cyanide, Oxalate, Saponin, Tannin                   | Habib <i>et al.</i> (2016); Chitra and Balasubramanian (2016)  |
| <i>Trichanthera gigantea</i>  | 11.5-23.5     | 30.0-56.7   |  | Leterme <i>et al.</i> (2005)   |
| <i>Centrosema</i>             | 11.5-23.2     | 8.8-23.0    | Phytic acid, Tannin  | Nworgu and Egbunike (2013); Agbede (2006)  |
| <i>Mucuna pruriens</i>        | 21.4-27.0     | 10.0-12.0   | Phytic acid, Tannin, Oxalate, Saponin                        | Agbede (2006); Sese <i>et al.</i> (2013)   |
| <i>Delonix regia</i>          | 10.9          | 13          | Phytic acid, Tannin  | Agbede (2006)  |
| <i>Acacia spp</i>             | 13.6-14.2     | 21.8        | Phytic acid, Tannin  | Agbede (2006); Akinyemi and Kayode (2012)  |
| <i>Carica papaya</i>          | 23.0-30.1     | 11.4-14.1   | Saponin, Phytic acid, Tannin, Cyanide                        | Reyes and Fermin (2003); Paramana <i>et al.</i> (2015)   |
| <i>Morus alba</i>             | 11.3-23.5     | 8.7-38.4    | Phytic acid, Cyanide, Tannin                                 | Leterme <i>et al.</i> (2005); Adeduntan and Oyerinde (2010)  |
| <i>Glycine max</i>            | 16.9-27.50    | 9.56        | Saponin, Phytic acid, Tannin, Cyanide                        | Paramana <i>et al.</i> (2015); Nkosi <i>et al.</i> 2016  |
| <i>Ipomoea batata</i>         | 20.5-23.6     | 8.3-8.4     | Saponin, Phytic acid, Tannin, Cyanide                        | Adewolu (2008); Paramana <i>et al.</i> (2015)  |
| <i>Lemna spp</i>              | 7.0-40.0      | 5.0-30.0    | Trypsin inhibitor, Cyanogens, Tannins, Gossypol              | Leng <i>et al.</i> (1992); Islam (2002)  |
| <i>Azolla pinnata</i>         | 21.4-27.5     | 11.6-12.7   | Trypsin inhibitor, Phytic acid, Saponins, Tannins            | Reyes and Fermin (2003); Gangadhar <i>et al.</i> (2015)  |
| <i>Pisitia stratiotes</i>     | 15.96         | 11.08       | Trypsin inhibitor; Saponins, Tannins                         | Nisha and Geetha (2017)  |
| <i>Eichhornia crassipes</i>   | 10.4-31.3     | 16.5-20.4   | Trypsin inhibitor, Saponins, Tannins, cyanogens, Phytic acid | Igbinosun and Talabi (1982); Mako <i>et al.</i> (2011); Mohapatra (2015); Sotolu (2013)                          |
| <i>Manihot esculenta</i>      | 14.0-40.0     |             | Cyanide, Tannins, Phytic acid                                | Morgan and Choct (2016)  |
| <i>Vigna unguiculata</i>      | 22.0-30.0     | 14.3-25.1   | Tannin, Saponin, Phenol                                      | Chikwendu <i>et al.</i> (2014); Gonçaves <i>et al.</i> (2016)  |
| <i>Arachis hypogea</i>        | 22.3-29.1     | 18.6-41.7   | Oxalate, Tannins   | Almazan and Begum (1996); Garduno-Lugo and Olvera-Novoa (2008)   |
| <i>Vernonia amygdalina</i>    | 31.7-34.5     | 8.8-9.1     | Oxalate, Phytate, Tannin, Cyanide, Saponin                   | Aletor <i>et al.</i> (2002); Shokunbi <i>et al.</i> (2011)   |
| <i>Solanum africanum</i>      | 34.5          | 7.4         | Oxalate, Phytate, Tannin, Cyanide, Saponin                   | Aletor <i>et al.</i> (2002)  |
| <i>Amaranthus spp</i>         | 7.6-32.3      | 7.4-8.8     | Oxalate, Phytate, Saponin, Tannin                            | Fasuyi <i>et al.</i> (2008); Adewolu and Adamson (2011); Andini <i>et al.</i> (2013); Nguji <i>et al.</i> (2017) |
| <i>Telfairia occidentalis</i> | 22.4-39.4     | 9.8-14.7    | Oxalate, Cyanide, Tannin, Phytate                            | Akwaowo <i>et al.</i> (2000); Aletor <i>et al.</i> (2002); Fasuyi (2006)   |

without growth and nutrient utilization compromise. Furthermore, Tekle *et al.* (2015) evaluated the antioxidative and antimicrobial activities of solvent extracts of different parts (leaf, flower, bark, stem and pod) of *Moringa oleifera* in an *in-vitro* study and observed considerable activities in all the extracts which were highest in the leaf and flower. They recommended extracts from leaf and flower as prophylactic agents against oxidative stress and infectious disease.

In his review, El-Sayed (1999) observed a conflict in the results of investigations incorporating leucaena leaf meal in tilapia diet. For instance, Pantastico and Baldia (1979, 1980) stated that growth of *Oreochromis niloticus* and *O. mossambicus* were not compromised when fed diets containing 100% leucaena leaf meal while Jackson *et al.* (1982) and Wee and Wang (1987) reported a significant lower growth and feed efficiency when 25% level of leucaena leaf meal were fed to *Oreochromis niloticus*. It is well known that leucaena leaf meal is deficient in some key essential amino acids and also contain mimosine, a non-protein amino acid that could depress growth (Osman, *et al.* 1996). *Gliricidia spp* is an all-year-round, fast-growing tree legume that offers the potential for utilization in aquafeed because of its large quantity of high quality forage. Vhanalakar and Muley (2014) had reported that *Cirrhinus mrigala* fingerlings utilized *Gliricidia maculata* meal up to 40% in the diet without any adverse effects on growth and feed utilization. Other tree leaves such as *Sesbania spp* (Firmani *et al.*, 2015), *Carica papaya* (Paranamana *et al.* 2015; Raja *et al.*, 2017), *Acacia spp* (Mondal and Ray, 1999) among others have also been characterized and incorporated in fish diets with varying level of success.

### **Crop residue/by-products and leafy vegetables**

Another possibility in the quest of searching for alternative ingredients in aquafeed is the use of leaf residues or by-products of seed and root crops, leafy vegetables and grasses. Substantial quantity of leaves generated as by-products of crops such as cassava, cowpea, groundnut among many others could be incorporated into fish feed at minimal cost. For instance, cowpea forage yield can reach as high as 8 t DM/ha in irrigated areas while periodic harvest of up to 0.4 t/ha of cowpea leaves with no noticeable reduction in seed yield have been reported (Heuze *et al.*, 2015). Imungi and Potter (1983) had reported an average crude protein content of 33.6% for cowpea leaves which were also noted to be rich in minerals. Cassava leaf can yield approximately two tons of dry matter per hectare (Coldebella *et al.*, 2013; Oresangun *et al.*, 2016) with crude protein varying between 14-40% depending on the cultivars, harvesting time, climatic conditions among the other factors. Cassava leaf can be harvested starting from 4 to 5 months of planting and a frequency of 2 to 3 months in 12-month cultivars without having any adverse effects on the roots (Morgan and Choct, 2016) and the crude protein, amino acid and cyanide contents of cassava leaf meal have been reported to decrease as the leaf matures while crude fibre and hemicellulose contents increase (Ravindran, 1991).

Iheukwumere *et al.* (2007) evaluated cassava leaf meal in broilers diet and recommended a dietary level of 5%, beyond which there was deleterious effect on growth,

blood chemistry and carcass yield. They suggested high fibre content (11.4%) of the leaf meal resulting in insufficient consumption (low feed intake) of digestible nutrients (particularly protein and energy) could have been responsible for depressed growth at higher levels (10 and 15%) of inclusion. They also opined that cassava leaf meal could have imparted unpalatable taste to the feed and consequently preventing the birds from consuming adequate quantities at higher inclusion levels. It however seems that fish could utilize cassava leaf meal better than poultry as Nieves and Barro (1996) reported a good performance in Nile tilapia when the inclusion level of cassava leaf in their diet did not exceed 15%. Sutriana (2007) observed that poor methionine availability and the presence of cyanide content limited the use of cassava leaf meal in African catfish (*Clarias gariepinus*) fry diet. The possibility of partially replacing fish meal protein with peanut (*Arachis hypogaea*) leaf meal, another abundant crop by-product, in tilapia diet was demonstrated by Garduno-Lugo and Olvera-Novoa (2008).

Green leafy vegetables are also receiving considerable attention because of their economic and nutritional advantage. Many leafy vegetables can tolerate biotic and abiotic stress and have a short growing season, between 20-30 days after transplant, and then every 2-3 weeks for a period of 1-2 months (Maundu, 1997; Fasuyi *et al.*, 2008). Aletor *et al.* (2002) researched on the chemical composition of four leafy vegetables (*Vernonia amygdalina*, *Solanum africana*, *Amaranthus hybridus*, *Telfaria occidentalis*) and reported average crude protein, crude fibre and gross energy of 33.3 g/ 100g dry matter, 8.4 g/ 100g dry matter and 378 Kcal/ 100g, respectively. Although, leafy vegetables are mostly collected from the wild where they grow as weed; they are fast-growing when cultivated and can grow on wide range of soil and agro-climatic conditions (Jaarsveld *et al.*, 2014). Fasuyi *et al.* (2008) evaluated *Amaranthus cruentus* leaf meal as an alternative protein supplement in broiler starter chicks and concluded that the vegetable could be a useful dietary protein source at 5% inclusion level. Similar result was also observed by Adewolu and Adamson (2011), who tested *Amaranthus spinosus* leaf meal as a potential dietary protein source in practical diets for *Clarias gariepinus*. They attributed low utilization of the leaf meal to nutritional stress factors such as saponins, alkaloids, phenols and oxalates.

### **Aquatic weeds**

Aquatic weeds are widely distributed in freshwater, brackish water and marine environment. They are major distinct group having a high potential as alternative to conventional protein and energy sources in animal feed industry as a result of their profuse growth in natural and impounded water bodies. Often times, they are seen as menace in aquatic environment because they interfere with beneficial usage of water such as transportation, fishing and fish culture; necessitating control measures at some cost (Boyd, 1968). Their nutritional composition depends on the richness of medium in which they grow. For example, Tan (1970) reported that aquatic weeds harvested from natural waters have lower crude protein content relative to those raised in enriched waters containing mineral media, agricultural or domestic effluents. Aquatic weeds have a good balance of amino acid

profile (Dewanji *et al.*, 1997; Islam, 2002) high concentrations of trace minerals and pigments such as xanthophylls and carotene (Yan *et al.*, 1999) and most species contain low levels of fibre when compared to terrestrial plants (Little, 1979); making them desirable alternatives in monogastric nutrition. Attempts have been made to use several aquatic plants such as duckweed (mostly *Lemna* spp), water fern (*Azolla* sp.), water lettuce (*Pistia stratiotes*), water hyacinth (*Eichhornia crassipes*) among others, as protein source in fish feed. The results of these studies generally show that they could be incorporated in fish feed at levels between 20-40% depending on the level of fish meal in the diets without eliciting a negative growth consequence. For instance, Nisha and Geetha (2017) recently observed that water lettuce (*Pistia stratiotes*) can optimally replace 30% of fish meal in diet of *Labeo rohita*, 40% inclusion of *Nymphaea* leaf meal was recommended by Sivani *et al* (2013) for *Cyprinus carpio* while Naegael (1997) found that up to 30% of fish meal based diet fed to Nile tilapia could be successfully replaced with dried *Azolla* meal.

Duckweed is another well known, nutrient-rich aquatic plant that has immense potential as alternative feed ingredient in fish feed. Its relevance in animal nutrition has been well detailed in the review of Leng *et al.* (1992) and Islam (2002). Duckweed has four genera namely: *Spirodela*, *Lemna*, *Wolffiella* and *Wolffia*; and about 40 species with global distribution (Culley *et al.*, 1981). A major consideration in choosing an alternative feedstuff is easy availability and fast growth. Duckweed reproduces by vegetative propagation and form large masses or colonies which are distributed as a sheet or film on water surface (Leng *et al.* 1992; Islam, 2002). They can double their biomass in a period of two or three days under favourable environmental conditions gaining 10-13 tons dry matter/hectare/year in small lakes systems while yielding up to 20 tons dry matter/hectare/year in outdoor tanks (Islam, 2002). The crude protein content of duckweed can range from 7-40%, depending on the media of culture. Leng *et al.* (1995) noted that duckweeds grown in water with 10-30 mg NH<sub>3</sub>-N/litre have high protein content (around 40%) of high biological value. The essential amino acid profile of duckweed is similar to other animal proteins with the exception of methionine which is limiting; their crude fibre and mineral contents increase with age (Islam, 2002). Yilmaz *et al.* (2004) studied duckweed (*Lemna minor*) as a protein feedstuff in practical diets for common carp fry and observed that a diet consisting of up to 20% duckweed (substituting commercial feed which has 32% crude protein) could be used as a complete replacement for commercial feed in diet formulation for common carp. Arrivillaga (1994) and Essa (1997) had earlier reported that *Wolffia* and *Lemna*, respectively, replaced up to 50% of commercial feeds (35% crude protein) for Nile tilapia without adverse effects on fish growth and body composition.

Water hyacinth (*Eichhornia crassipes*) is a significant aquatic weed because of the way it proliferates; spreading rapidly and constituting threat to man and the aquatic ecosystem. Huge efforts have been expended over the years to control its menace in the aquatic environment. Although, documented research findings have indicated that water hyacinth has great potential as animal feed source because of its reasonable amount of crude protein (11.3-16.5% dry matter) but its high level of crude fibre (11.7-20.4%) is its major



limitation (Igbinosun and Talabi, 1982). Mohapatra (2015) achieved 40% replacement of fish meal corresponding to 204.8 g/ kg dietary water hyacinth without significant reduction in growth performance of common carp, *Cyprinus carpio*.

### LIMITATIONS OF LEAF MEAL

From the foregoing, it is evident that efforts to incorporate the available, renewable and more sustainable green plants at very high level in aquafeed have been constrained by a number of factors. These constraints include deficiency of key amino acids such as lysine, methionine and tryptophan (Table 2) (Wee, 1991), low digestibility (Garduna-Lugo and Olvera-Novoa, 2008), the presence of high amounts of crude fibre and other antinutritional factors such as protease inhibitors, alkaloids, tannins, lectins and adverse oligosaccharides (Oresegun *et al.*, 2016), decreased palatability as a result of presence of compounds that are offensive to olfactory receptors of fish (Amisah *et al.* 2009). The significance of antinutrients in fish feed has been extensively reviewed by Francis *et al.* (2001). Antinutrients interfere with food utilization and affect the health and production of animals. Tannins are known to interfere with the digestive processes either by binding the enzymes or by binding to feed components like proteins or minerals (Francis *et al.*, 2001). They also impart a bitter, astringent taste which makes leaf meals unpalatable (Makkar, 1993). Phytic acid chelates di and trivalent mineral ions such as  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Zn}^{2+}$ ,  $\text{Cu}^{3+}$  and  $\text{Fe}^{3+}$ , thereby reducing their digestibility in animals (Riche and Brown, 1996). They also reduced digestibility of protein through formation of phytate-protein complexes, decreased growth performance and inhibit activities of some digestive enzymes such as pepsin, trypsin and alpha-amylase (Robaina *et al.*, 1995) thereby modifying digestion processes which could impair intestinal absorption. Oxalate is a chelating agent, which binds calcium very effectively. Plants with high oxalate content may produce an acute metabolic calcium deficiency syndrome (hypocalcemia) when fed as the main feed to animals (Checke and Shull, 1985). Saponins are known for their haemolytic activity and ability to depress growth in herbivore (Francis *et al.*, 2002). Trypsin inhibitors lead to reduced protein digestibility as a result of irreversible trypsin enzyme-trypsin inhibitor complexes (Vadivel and Pugalenth, 2009). Cyanide inhibits several enzyme systems through cytochrome oxidase, depresses growth through interference with certain essential amino acids and impairs utilization of associated nutrients (Tewe and Egbunike, 1992; Okafor, 2004 in Lukuyu *et al.*, 2014). Mimosine, a non-protein amino acid, acts by interfering in cellular mitosis; causing reduced appetite, reduced weight gain and death. (Osman *et al.*, 1996)

The fibre content in leaf meals is also a major concern especially in most monogastrics that do not have cellulase activities in their gut and thus do not have capacity to hydrolyze cellulose which is the major plant constituent (Saha and Ray, 1998). Dietary fibre consists of non-starch polysaccharides (NSP) together with lignin, protein, fatty acids, waxes etc (Bach-Knudsen, 2001). Sinha *et al.* (2011) detailed the factors responsible for anti-nutritive effects of non-starch polysaccharides as modulation in digesta viscosity, alteration in gastric emptying and rate of passage, alteration of gut physiology and morphology, native



gut microflora and mucus layer of gut. These factors are known to delay intestinal absorption of glucose, reduce amino acid digestibility, decrease lipid utilisation, induce hypocholesterolaemia and decrease mineral absorption.

## **DE-LIMITING LEAF MEALS FOR BETTER UTILIZATION**

Several research efforts have been expended in assessing the utilization of many leaf meals in their raw and processed form. The results have always suggested that when leaf resources are processed, their composition in terms of nutritive value is enhanced and can be incorporated at higher percentage than in their raw forms. Accordingly, if there is going to be possibility of extensively increasing the utilization of leaf meals from the numerous available sources in aquafeed, current research efforts must focus more on the development of simple, low-cost, effective and efficient techniques aimed at improving their nutritional composition, reducing their anti-nutrients and increasing their utilization by fish.

### **Heat treatments**

Heat treatments such as cooking, sun-drying or oven-drying (Osman *et al.* 1996; Bradbury and Denton, 2011) have been used by many investigators to reduce the level of plant antinutrients. Heat treatments destroy naturally occurring heat labile factors like protease inhibitors, phytates and lectins (Francis *et al.*, 2001). Osman *et al.* (1996) had observed that drying or cooking of leucaena leaf meal incorporated in Nile tilapia diet significantly improved growth performance and nutrient utilization. Adewolu (2008) had also reported on the potentials of sundried sweet potato (*Ipomoea batatas*) leaf meal as dietary ingredient for *Tilapia zillii* fingerlings and attributed palatability as observed in diet acceptability to the processing used.

### **Soaking**

Soaking has been known to reduce antinutrient from plant proteins either singly or in combination with other processing methods. The review of Kumar *et al.* (2011) pointed out that soaking could hydrolyse phytate at high temperature (45-65°C) and slightly acidic pH (5-6). Hasan *et al.* (1990) studied the suitability of soaked and unsoaked leucaena and water hyacinth leaf meals, as partial substitutes for dietary fish meal protein for fry of *Labeo rohita* and stated that diets containing higher inclusion (40%) of soaked leucaena and water hyacinth leaf meal proved to be better than control and other diets in terms of cost of feed and economic return. Soaking and sun-drying increased palatability of leucaena leaf meal such that it replaced 30% fish meal in *Clarias gariepinus* diet without affecting growth (Amisah *et al.*, 2009). It should, however, be noted that soaking could also result in leaching of minerals, water-extractable proteins and vitamins (Vadivel and Pugalenth, 2009).

### **Fermentation**

Fermentation technology is an affordable low-energy processing technique that could be used to enhance the quality of plant feed ingredients. This technology involves invading food substrates with edible microorganisms whose enzymes, particularly

amylases, proteases, and lipases, hydrolyze the polysaccharides, proteins, and lipids to non-toxic products with flavors, aromas, and textures that are pleasant (Steinkraus, 2009). Mondal *et al.* (2012) replaced fish meal with fermented mulberry leaf meal in the diet for Indian minor carp, *Labeo bata*, and observed that fermentation improved the nutritional quality of the leaf resource to the extent that 50% replacement of fish meal was possible. Saha and Ray (2011) observed reduction in crude fibre, cellulose and hemicelluloses contents and anti-nutritional factors (tannins and phytic acid) of water hyacinth consequent of fermentation using two strains of fish intestinal bacteria (*Bacillus subtilis* and *B. megaterium*). They further reported that the fermented meal elicited good growth when incorporated up to 40% level in the diet for *Labeo rohita*. Wee (1991) noted that loss of nutrient as a result of leaching, destruction by light, heat or oxygen, or microbial utilization during fermentation is commonly small and that there may be an increase in the nutrient level through microbial synthesis; making it a particularly desirable technique in improving plant-derived meals.

### Enzyme Supplementation

Recent developments in feed enzyme technologies has made it possible to incorporate many exogenous enzymes such as phytase, amylase, protease and  $\alpha$ -galactosidase into plant-based diet either to improve digestibility of nutrients or to reduce the antinutritive factors (Cao *et al.*, 2008). Supplementation of 10% *Gliricidia* leaf meal with commercial enzymes (Roxazyme and Maxigrain) improved its utilization in catfish, *Clarias gariepinus* diet (Olopade *et al.*, 2015). Many other enzymes such as xylanases,  $\beta$ -glucanases, amylase, and protease enzymes used in various types of animal diets have been shown to have a role in improving the quality of plant ingredients fed to animals (Hesselman and Aman, 1986). Bairagi *et al.* (2004) evaluated the nutritive value of *Leucaena leucocephala* leaf meal inoculated with fish intestinal bacteria, *Bacillus subtilis* and *Bacillus circulans* in diets for *Labeo rohita*. They observed considerable reduction in mimosine, tannin and crude fibre contents and increase in crude protein, total free amino acids and fatty acids of leucaena consequent of treatment and reported that it was possible to incorporate leucaena up to 40% level of inclusion in carp diets when enzyme-producing fish intestinal bacteria was added.

### Plant Breeding

Another effective strategy to reduce the effects of antinutrients in fish is to utilize improved cultivars of plants which have reduced antinutrient as a result of breeding (Le *et al.*, 2016). This strategy has been used to eliminate or substantially reduced several anti-nutritional factors in feed peas including tannins and anti-trypsins (Castell *et al.*, 1996). Improved strains of cassava containing low levels of hydrogen cyanide have been developed over the years by many researchers (Lukuyu *et al.*, 2014; Oresegun *et al.*, 2016).

### Leaf protein concentrates (LPC)

Another initiative geared towards solving the problems associated with the use of leaf materials holistically is the extraction of protein from plant leaves for aquafeed

production. Such extracted proteins known as concentrates have been shown to have competitive nutritional value in terms of protein quality and amino acid profile relative to the conventional fish and soybean meals with a possible exception of methionine which could be supplemented with synthetic methionine (Table 2) (Akeson and Stahmann, 1966; Oresegun *et al.*, 2016). Kinsella (1970) reported that the biological value of LPC is lower than that of whole egg but similar to that of milk and higher than those of casein, beef and soybean. The crude protein content of LPC usually ranges between 40-70% (on dry matter basis) depending on the extraction process and the source of the leaf extracted with appreciable quantities of  $\beta$ -carotene, Vitamin E and minerals (Oke, 1973; Teo *et al.*, 2010; Chiesa and Gnansounou, 2011). There are documented evidences that the process of leaf fractionation to produce LPC reduces or totally removes antinutrients such as tannins, hydrocyanic acid, oxalic acids among others in leaf meal (Dewanji *et al.*, 1997). Another advantage of LPC is that the fibre fraction in leaf meal has been remarkably reduced (Modesti *et al.*, 2007) making it a desirable ingredient in monogastric nutrition (Olvera-Novoa *et al.*, 1990; Agbede and Aletor, 2003) whereas the fibrous fraction containing residual protein is quite relevant in ruminant nutrition while the deproteinised juice is often used as fertilizer (Fiorentini and Galoppini, 1983).

The procedure (Fig. 1) for the extraction of leaf proteins has been extensively detailed in the review of Chiesa and Gnansounou (2011) and the work of Coldebella *et al.* (2013). This involves tissue disruption by mechanical means; precipitation of protein using ammonium, sodium or potassium salts, alcohol or acetone, heat, isoelectric point induction or more recently membrane filtration; after which protein is then concentrated by heating or centrifuging. Addition of sodium metabisulfite (an antioxidant) has been experimented with positive result to avoid possible reactions in which the indigestible tannin-protein complexes are formed during protein extraction (Teo *et al.*, 2010).

According to Edwards *et al.* (1975) the coagulated proteins can also be fractionated into:

- chloroplastic proteins at 60°C for 20 seconds. Chloroplastic proteins originated from the chloroplasts and often referred to as green proteins because of their association with chlorophyll, carotenoids and lipids which also impart a typical odour and taste.
- cytoplasmic proteins at 80°C for 2minutes, cytoplasmic proteins originates in the cytoplasm, soluble in water and possess a white or yellowish colour.

Coldebella *et al.* (2013) evaluated protein extraction methods for the purpose of making protein concentrates from fresh and dried cassava leaves and recommended precipitating proteins at their isoelectric points and auto-coagulation through fermentation for efficient extraction and industrial application.

Progress made in research relating to LPC production has proven that it is possible to increase the level of leaf meal incorporated as protein ingredients into aquafeed (especially those of herbivores) when they are processed into concentrates. Ngugi *et al.* (2017) demonstrated the suitability of leaf protein from amaranth, a leafy vegetable, in the diet for Nile tilapia, *O. niloticus*. They reported that 80% of fish meal was replaced with the leaf concentrate from amaranth without a growth compromise. Olvera-Novoa *et al.* (1990)

**Table 2: Amino acid (g 100g-1 protein) composition of some selected leaf meals**

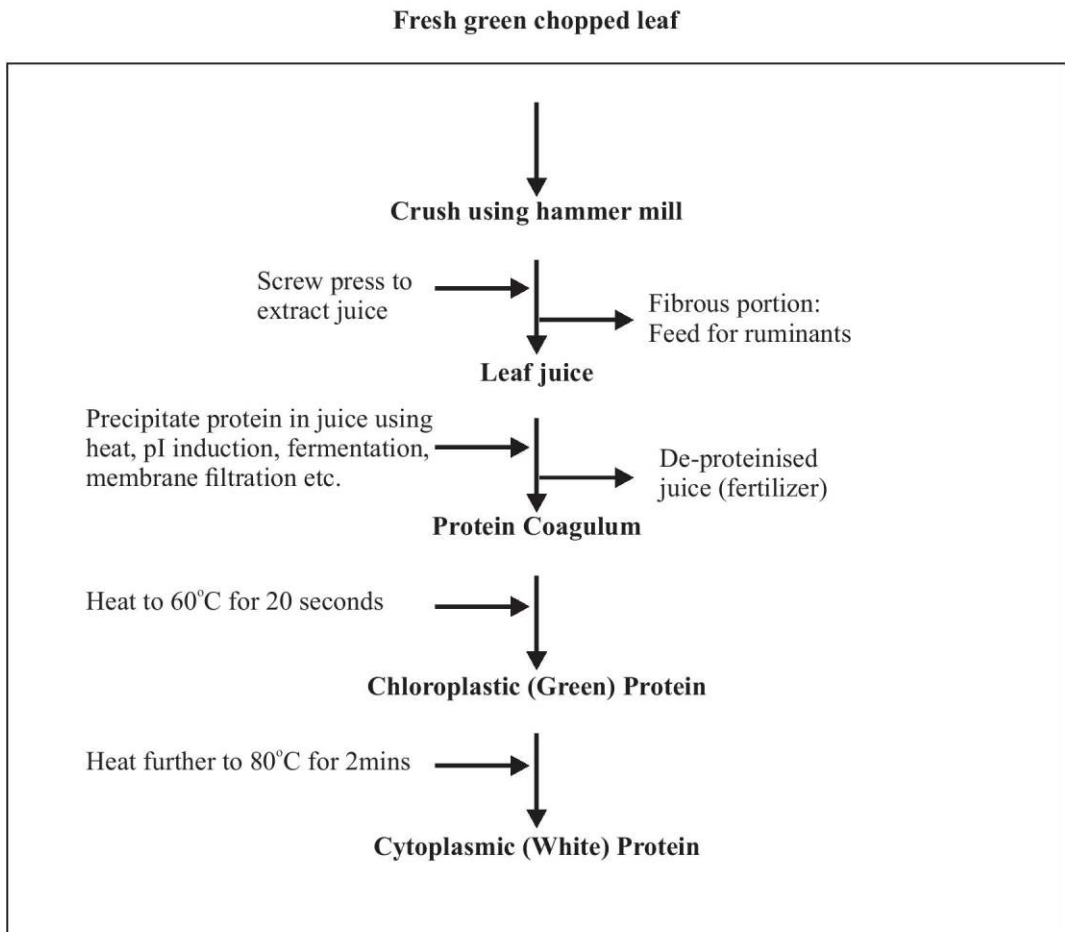
| Leaf meal                        | Arg | His | Leu | Iso | Lys | Met    | Cys  | Try | Thr | Phe | Tyr | Val | Source                                      |
|----------------------------------|-----|-----|-----|-----|-----|--------|------|-----|-----|-----|-----|-----|---|
| <i>Leucaena leucocephala</i>     | 4.5 | 1.5 | 6.1 | 6.5 | 4.8 | 0.4    | 0.4  | -   | 3.7 | 4.4 | 3.5 | 4.0 | Hasan <i>et al.</i> (1997)                  |
| <i>Leucaena leucocephala</i> LPC | 5.5 | 2.1 | 9.1 | 5.0 | 6.0 | 2.3    | 1.0  | 1.9 | 4.6 | 5.8 | 4.2 | 5.8 | Agbede and Aletor (2004)                    |
| <i>Moringa spp</i>               | 6.2 | 3.0 | 8.7 | 4.5 | 5.6 | 2.0    | 1.4  | 2.1 | 4.7 | 6.2 | 3.9 | 5.7 | Makkar and Becker (1996)                    |
| <i>Gliricidia spp</i> LPC        | 6.3 | 2.5 | 9.3 | 5.1 | 6.6 | 2.1    | 1.6  | 1.9 | 5.1 | 6.2 | 4.8 | 6.2 | Agbede and Aletor (2004)                    |
| <i>Trichanthera gigantea</i>     | 4.9 | 2.2 | 7.2 | 4.1 | 4.3 | 1.5    | 1.4  | 1.0 | 4.3 | 4.6 | 3.3 | 5.0 | Letorme <i>et al.</i> (2005)                |
| <i>Carica papaya</i>             | 7.2 | 4.6 | 8.3 | 4.9 | 6.2 | 0.1    | 0.0  | 0.0 | 5.7 | 5.7 | 3.5 | 3.9 | Ganzon-Naret (2015)                         |
| <i>Morus alba</i>                | 5.3 | 2.1 | 8.2 | 4.3 | 5.7 | 1.6    | 1.3  | 1.1 | 4.6 | 5.2 | 3.4 | 5.4 | Letorme <i>et al.</i> (2005)                |
| <i>Ipomoea batata</i>            | 5.2 | 2.0 | 8.8 | 4.2 | 4.1 | 1.6    | 3.2  | -   | 5.2 | 6.9 | 4.0 | 5.7 | An <i>et al.</i> (2004)                     |
| <i>Azolla pinnata</i>            | 5.4 | -   | 7.7 | 4.4 | 4.6 | 1.6    | 0.8  | 1.8 | 4.1 | 4.7 | 3.2 | 5.5 | Alalade and Iyayi (2006)                    |
| <i>Eichhornia crassipes</i>      | 5.2 | 2.2 | 8.3 | 4.7 | 5.7 | 1.4    | -    | 1.0 | 4.3 | 5.4 | 3.4 | 5.6 | Sotolu (2013)                               |
| <i>Eichhornia crassipes</i> LPC  | 3.0 | 1.9 | 7.2 | 4.3 | 5.3 | 0.3    | 11.6 | -   | 4.3 | 4.7 | 3.0 | 0.3 | Taylor and Robbins (1968)                   |
| <i>Spirodela polyrrhiza</i>      | 5.7 | 2.8 | 9.1 | 6.0 | 4.9 | Traces | -    | 1.3 | 4.1 | 4.9 | 4.6 | 5.8 | Bytmiewska and Maciejewska-Potapczyk (1980) |
| <i>Elodea canadensis</i>         | 8.4 | 4.5 | 9.5 | 4.2 | 8.3 | Traces | -    | 1.5 | 3.4 | 6.1 | 3.4 | 5.6 | Bytmiewska and Maciejewska-Potapczyk (1980) |
| <i>Riccia fluitans</i>           | 5.3 | 3.4 | 9.8 | 3.5 | 6.1 | Traces | -    | 1.6 | 4.6 | 6.1 | 3.1 | 6.6 | Bytmiewska and Maciejewska-Potapczyk (1980) |
| <i>Manihot esculenta</i>         | 5.3 | 2.3 | 8.2 | 4.5 | 5.9 | 1.9    | 1.4  | 2.0 | 4.4 | 5.4 | -   | 5.6 | Ravindran (1991)                            |
| <i>Manihot esculenta</i> (LPC)   | 6.0 | 2.6 | 9.6 | 5.5 | 6.7 | 2.5    | 1.3  | 2.4 | 4.9 | 6.3 | 4.7 | 6.2 | Fasuyi and Aletor (2005)                    |
| <i>Amaranthus hybridus</i>       | 5.2 | 1.8 | 7.8 | 4.0 | 6.1 | 0.3    | 0.4  | -   | 5.0 | 4.6 | 3.6 | 4.8 | Andini <i>et al.</i> (2013)                 |
| <i>Telfairia occidentalis</i>    | 5.0 | 2.1 | 6.4 | 4.0 | 5.2 | 1.5    | 0.8  | -   | 3.4 | 3.6 | 2.9 | 4.3 | Agbede <i>et al.</i> (2012)                 |
| Soybean Meal                     | 7.0 | 2.6 | 8.0 | 4.9 | 6.5 | 1.4    | -    | -   | 4.3 | 5.4 | 3.9 | 4.8 | Sotolu (2013)                               |
| Fish meal                        | 5.8 | 2.4 | 7.5 | 4.5 | 7.7 | 2.9    | 1.0  | 1.2 | 4.3 | 3.9 | 3.1 | 5.4 | FAO (2001)                                  |

Arg - Arginine, His – Histidine, Leu- Leucine, Iso – Isoleucine, Lys – Lysine, Met – Methionine, Cys – Cystine, Try – Tryptophan, Phe – Phenylalanine, Tyr – Tyrosine, Val - Valine

**Source:** OECD-FAO Agricultural Outlook 2014-2023



replaced fish meal protein with varying levels (15, 25, 35, 45, 55%) of chloroplastic and cytoplasmic alfalfa LPC in the diet for *Oreochromis mossambicus*. They reported a significantly higher performance relative to the fish meal-based control with the cytoplasmic LPC treatment up to 35% level; beyond which performance was depressed. This is not surprising as Henry *et al.* (1965) and Hernandez *et al.* (1997) established that the chloroplastic protein have lower biological value relative to their cytoplasmic counterpart as a result of association of the former with indigestible components. Levels up to 25% of cassava leaf protein concentrate was included in Nile tilapia diets during sex reversal phase,



**Fig. 1:** Preparation of fractionated leaf protein concentrate. Adopted from Fellows (1987).

at the age of 7 days, without any deleterious effects on performance and survival (Bohnenberger *et al.*, 2010). Sheeno and Sahu (2006) evaluated Azolla protein concentrate mixed with dried spirogyra powder at 4:1 ratio as a substitute for fish meal and concluded that as much as 16.25% of the plant mixture can be incorporated in the diet of *Labeo rohita* fry. In poultry nutrition, Agbede and Aletor (2003) showed that *Gliricidia* leaf protein concentrate could replace up to 25% fish meal protein, in broiler chick without adverse effect on weight gain, carcass characteristics and health. Ameenuddin *et al.* (1983) had earlier reported an excellent growth and feed efficiency when 40% of low saponin alfalfa protein concentrate was fed to broiler chicks.

## CONCLUSION

Apparently, there are numerous unutilized or underutilized plant materials which have global distribution and are not directly consumed by humans; these could represent a cheap source of local feed materials for animal feed industry and thus potentially reduce or eliminate the need to import feed and/or feed ingredients, save foreign exchange and reduce cost; thereby making aquaculture production more economically viable and sustainable. It is gratifying to note that major fish spp responsible for aquaculture growth are those that feed low in the trophic level such as carps and tilapias (FAO, 2012; Ling *et al.*, 2015) which have the ability to better utilize plant protein unlike the carnivores. Although, not a few researches on utilization of leaf meals in fish diet have been published; there is still need to intensify efforts in order to provide information on the potentiality of many other available terrestrial and aquatic plant species in aquafeed industry either as protein or energy ingredients.

In the near future, LPC produced from leaf materials, especially those having high protein and dry matter content, good protein extractability when freshly cut and good re-growth potential, will be increasingly relevant in fish feed industry. However, there are some other issues associated with the production of LPC which must be addressed as a matter of future investigation. For instance, most of the work done on LPC utilizes fresh leaf material; this might pose problems relating to storage, transportation and availability during off-season periods. Protocols that will ensure long term storage of the leaves, especially those that are crop by-products or residues, without negatively impacting on their nutritional composition needs to be developed. There is also need for further research on the economic feasibility of extracting protein from dried/stored leaves relative to fresh ones. The problem of high energy cost associated with protein production also needs to be addressed. Oke (1973) had earlier highlighted high energy cost as the major reason for poor adoption of protein production from leaf resource especially in the developing countries. Development of a simple technology for LPC production at commercial scale using a multi-disciplinary research approach might help in this regard. The potential of these abundant and cheap resources should not be overlooked as this may be the key factor for the sustenance of aquafeed industry in future.

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